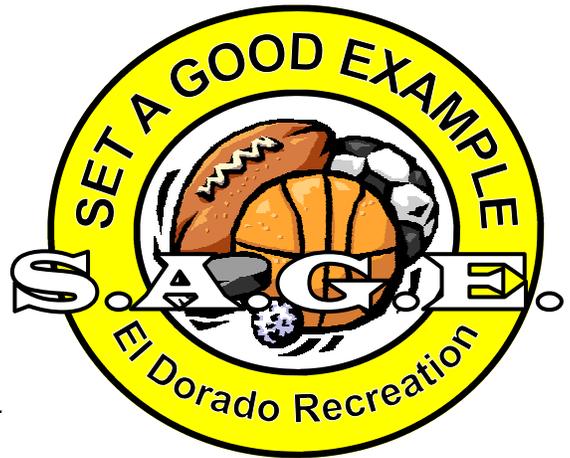


Sportsmanship Pledge

This Pledge summarizes important elements of the Youth Sports Experience and sets out Your Commitment to Sportsmanship and Fair Play. Signing this pledge is a condition of your participation in El Dorado Recreation Youth Sports Programs.



Important Information about Youth and Sports

Kids say the main reason they play sports is to have FUN. Adults need to keep it fun. Some adults get too emotional about youth sports because they are too concerned about how their kids are doing, they have the (mistaken) belief that winning is most important, or they have a desire to seek glory through their kids' success. That last one is part of the concept of living through your kids.

Placing too much pressure on kids to perform well creates unnecessary stress that can detract from their fun and can negatively affect their self-esteem. Instructions shouted to players are distracting, usually too late, and sometimes, inaccurate or in conflict with what the coach is teaching.

Kids need to know that if they're trying their best, they are WINNERS. Parents need to remember that their kids will not be great at everything. Recognizing that, parents can help most by just relaxing and enjoying their child's games.

My Pledge to Set a Good Example

I will not be loud or negative towards players, referees, coaches or spectators. I acknowledge that failing to show respect for people who are doing the best they can sets a bad example for our children and can result in my expulsion from the field. If someone else makes an inappropriate comment, I will not make a negative response that could lead to a confrontation. As a player, I should not act in a way that could lead to ejection from a match or embarrassment for my team.

I will remember that encouragement and praise for every child, not just the best athletes, is critically important to their self-esteem and their ability to achieve the most they can.

I recognize that striving to win, rather than winning itself, is what is important in sports and in life. Striving to win means doing the best you can.

I recognize that players must get playing time to improve and gain the confidence that helps them do the best they can. I acknowledge that this is more important than winning games.

I acknowledge that making mistakes and losing are part of life. I pledge that I will be tolerant of the mistakes of players, coaches, referees, and others. I recognize that mistakes are opportunities for learning.

I recognize that within the parameters of competition, sportsmanship and fair play are paramount. I pledge that I will commit to promoting an atmosphere of healthy competition to ensure fun for all participants.

Print Player's Name: _____

Player's Signature: _____

Print Parent's Name: _____

Parent's Signature: _____